

## North Central Regional Collaborative Update

1. What successes are you having in your RC's:
  - Proud of our clinics and how independent they are in this process.
  - The safe space where clinics can come together and work as allies instead of as competitors.
  - The sharing of best practices and mentor each other thru this process. (topics: transitional care management, behavioral health integration, chronic care management, community health workers, telehealth,
  - a. What would you like to see sustained after the ending of the SHIP
    - The safe space where clinics can come together and work as allies instead of as competitors. The sharing of best practices and mentoring that is occurring is the most beneficial part of the RC.
2. General update on the work that is being done in regards to your region and your master grant and if applicable your supplemental subgrant.
  - Working with Medicaid to get claims data.
  - Clinics each have their own projects going on and are so great about sharing their successes and lessons learned that each clinic is acting almost as a pilot for their own project, the sharing then allows these projects to be adopted by other clinics in the future. (a new form of telehealth that allows the patient to communicate with their PCP virtually from home instead of in office....the community health worker model that CVH-SMH have implemented and are expanding to participate with our regions free clinic and to provide services to some of their clients that live in the rural areas and aren't always able to drive to Lewiston to receive their medications....CHWs also working for our larger clinics in the more populated areas....)
  - Currently working with all of our SHIP clinics to encourage the implementation of the PMP and CDC's Opioid Prescribing Guidelines.
  - RC Projects: looking at trying to obtain Medicaid claims data for all of our SHIP Clinics to try and identify a sub-set of that high utilizer patient population and focus our efforts regionally on a way to tackle the issues that are causing the high utilization.
  - Working as a region with our behavioral health board to identify opportunities to support clinics in providing behavioral health services/support to high risk opioid users at their clinic sites.
3. Evolution of RC's since last RC Summit. *Attached is the RC Summit meeting summary and Function, Role, and Value of regional collaboratives from the 2016 RC Summit for review.*

There hasn't been much of an evolution, things are very similar to last year.